

Post – Vasectomy Semen Analysis Instructions

- 1. The semen sample is to be collected by masturbation after three (3) days of sexual abstinence.
- 2. After approximately 25-30 ejaculations or 12 weeks, the semen sample should be collected in the sample bottle provided.
- 3. The semen sample should be collected by masturbation only. Do not use any lubricants, condoms or body fluids to obtain sample.
- 4. Specimen must be kept at body temperature and brought to the lab within four hours of collection. Specimens must be <u>received by the lab BEFORE 2:00 pm</u>.
- 5. Specimens can be brought to either Wildwood's Cottage Grove or Madison laboratory location. Please the reception desk to be added to the lab schedule and checked in prior to going to the lab.
- 6. Specimens will not be accepted after 2:00 pm.
- 7. You will be called with your results as soon as they are available.
- 8. Specimen can be collected anytime after: ______

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